



To Whom It May Concern,

I am writing this letter to highly recommend Jack Simons for any future endeavors in track and field at the collegiate level. As the Head Coach at Foothill HS, I have had the privilege of closely observing Jack's extraordinary athletic abilities and incredible work ethic over the past 3 years.

During Jack's time as a student-athlete at Foothill, it has become evident that he possesses remarkable talent, dedication, and immense potential in the realm of track and field. Not only has Jack consistently displayed outstanding performance on the track, but their unwavering commitment to training, teamwork, and personal growth sets him apart from his peers.

One of the most remarkable aspects of Jack's character is his ability to remain focused, determined, and disciplined in the face of adversity. This resilience and mental fortitude have allowed him to conquer various challenges throughout his high school track career, constantly striving for improvement and achieving exceptional results.

Furthermore, Jack has consistently exhibited exceptional leadership qualities within the team, serving as a role model for his fellow athletes. He possesses excellent communication skills, displaying a genuine ability to motivate and inspire his teammates to reach their full potential. Jack's remarkable dedication and responsible approach to the sport make him an invaluable asset to any team.

I firmly believe that Jack possesses not only the physical capabilities required for collegiate track and field, but also the necessary mental preparedness and dedication to excel in a highly competitive environment. Based on my observations and evaluations, I strongly recommend Jack to be considered for any track and field program at the collegiate level.

Should you require any further information or clarification regarding Jack's achievements, performances, or character, please do not hesitate to contact me. I am more than willing to provide additional details or support Jack's application in any way possible.

Thank you for taking the time to consider my recommendation. I am confident that Jack will thrive and make significant contributions to any track and field program fortunate enough to have them as part of their team.

Sincerely,

Andrew Risheg  
Head Coach  
Foothill High School