

To Whom it may concern,

I am writing this letter on behalf of Ryder Wilson. I have known Ryder for many years and have had the pleasure of coaching him in wrestling the last 4 years. I had Ryder in my weight training classes during his high school years, Ryder is the strongest athlete we have in our school pound for pound. He loves the weight room and works very hard in the class as well as early morning lifts outside of school. Ryder works hard in the wrestling program, he is one of our senior leaders and we look up to him to be an example to the younger kids. He's a very sound technician when it comes to wrestling.

He also puts in extra time and effort to perfect his craft. Over the past four years Ryder has grown into a fine young man that is very conscious about the choices and decisions he makes.

Thank you,

Garth Wagstaff

Head Wrestling Coach Evanston High